

**Sunday Sept.
17th, 2006**



BRAML

Mille Lacs Area Tourism
PO Box 758
Onamia, MN 56359
320-532-5626

**BRAML REGISTRATION
FORM: SUN. SEPT 17**

*Send registration form and entry fee
by Sept 5th to:*

BIKE RIDE AROUND MILLE LACS
c/o Mille Lacs Area Tourism
PO Box 758
Onamia, MN 56359

Name (please print): _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

E-mail: _____

Ride: 12 mile 35 mile 70 mile

I understand that bicycling is a potentially hazardous sport and I hereby, at my own risk, enter this event. I, my estate, and my heirs waive any claims for damages or injuries that I may incur as a result of my participation in this event, against any sponsors, volunteers, employees or officials. I understand that helmets are required for all riders. I am well aware that I'm expected to ride with courtesy, caution and common sense. I know this ride is held rain or shine and that registration refunds will not be made.

Signature: _____
(participant)

(parent or guardian if under 18)

Mille Lacs Area Tourism
PO Box 758
Onamia, MN 56359
www.millelacs.com

BIKEYERBUNZOPP



Come with us on a Bike Ride Around beautiful Lake Mille Lacs! You will pedal past maple, birch and pine trees encircling

**BRAML
SUNDAY
SEPT. 17, 2006**

one of Minnesota's largest most spectacular lakes on your choice of either a **12** mile, **35**-mile or **70**-mile route.

The **14th ANNUAL BRAML** will start and end at McQuoid's Inn at the junction of Hwys 47 and 27 in Isle, Minnesota. Plenty of parking is available the day of the ride.

Back by popular demand!! A twelve mile "Family Fun Ride" from Isle to Onamia on the Soo Line Bike Trail. Shuttle service will return you to McQuoid's Inn.

REGISTRATION

Pre-register by September 5th using the attached form or at www.millelacs.com. There will be no registration refunds. This is a rain or shine date!

Registration opens 7:30 a.m. – 9:00 a.m. only. There are no guarantees that food stops will be open if you start the course later than 9:00 a.m. All riders will be off the course before 4:00 p.m.

Proceeds will go to Mille Lacs Area Tourism and Soo Line Bike Trail Association

SERVICES

There are many places around the lake to enjoy a tasty meal or a refreshing treat. Sag wagons will cruise the course if assistance is necessary. Beverages and snacks will be provided at one rest stop on the 12-mile route, at two rest stops for the 35 mile and three rest stops for the 70-mile ride.

The BRAML incorporates the Soo Line Trail, a Minnesota Rails-to-Trails route on the south end of Mille Lacs. Thirty-five and seventy milers can enjoy the first 23 miles together before bicyclists need to choose the shorter or longer route. Trails will be well marked.

NEW!! Gather at McQuoid's following the BRAML (from 11 a.m. to 4 p.m.) for a fund-raising *meal* supporting the Mille Lacs Health System Hospice.

The Mille Lacs area has many fine accommodations to offer. The Mille Lacs Tourism number (1-888-350-2692) provides information on hotels, cabins, and camping.

For More information Call:320-532-5626

Or : www.millelacs.com

HELMETS ARE REQUIRED FOR

ALL PARTICIPANTS.

Riders will be expected to obey the laws of the road and will use courtesy, caution and common sense.

Pre-Registration Fees (before September 6)

- \$60 Family entry fee
(includes 4 t-shirts)
- \$25 Individual entry fee
(includes t-shirt)
- \$20 Individual entry fee
(with no t-shirt)
- \$20 Children under 16
(includes t-shirt)

[Children must be accompanied by a parent throughout the ride.]

**T-Shirts can not be guaranteed for registrations received after Sept 5th, or on the day of the event.

BRAML T-SHIRT SIZES

_____ Small _____ Youth M
_____ Medium
_____ Large _____ Youth L
_____ XL
_____ XXL

Please indicate what size and how many.